



2020 -2021 Student Affairs Assessment Plan

Department: CAPS

Mental Health Peer Educator (MHPE) Assessment

Division Mission

To engage the KU community in services and programs that make learning possible.

Department Mission

The mission of Counseling and Psychological Services is to aid in the emotional and psychological development of students in the university environment for the purpose of enhancing performance; assist in the evaluation of student academic progress for the purpose of improving student and faculty functioning and; contribute to the professional education of graduate students in mental health and counseling professions

Department Student Learning Outcomes

Students who utilize or interact with services and programs provided by CAPS will be able to...

1. Develop practical skills (such as organization, motivation, and utilization of resources) that will enable them to achieve their academic goals. (CAS: Practical Competence)
2. Develop personal life skills (such as self-esteem and self-confidence) that lead to an integrated sense of self, well-being, and resilience. (CAS: Intrapersonal Development & Practical Competence)
3. Develop interpersonal skills that will enable them to form healthy and meaningful relationships. (CAS: Interpersonal Competence)

Description of Service/Program

The CAPS MHPEs provide KU students with access to peer paraprofessionals for information, problem-solving, support, and referral to appropriate on-campus or community services/resources.

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Service/Program Student Learning Outcome(s)

Students who are employed as a CAPS MHPE will be able to...

- Demonstrate practical skills (such as organization or use of resources) that support their academic goals. (Departmental Outcome #1)
- Demonstrate self-confidence in their interactions with members of the KU community. (Departmental Outcomes #2 and #3)
- Demonstrate self-confidence in their interactions with CAPS professional staff. (Departmental Outcomes #2 and #3)
- Use appropriate strategies to help students solve or cope with problems. (Departmental Outcomes #1 and #3)
- Identify helpful campus and/or community resources to assist students. (Departmental Outcomes #1 and #3)

Divisional Student Learning Outcomes: *Check all that apply*

- Knowledge Acquisition
- Cognitive Complexity
- Intrapersonal Development
- Interpersonal Competence
- Humanitarianism & Civic Engagement
- Practical Competence

Project Specifics

Project Title: Mental Health Peer Educator (MHPE) Training Assessment

Purpose of the project: To assess the effectiveness and utility of the MHPE initial and ongoing training and supervision in assisting CAPS MPHEs in performing the functions of the role.



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Assessment method(s): Link to Qualtrics survey emailed to each MHPE. Link to survey will be unique for each student employee.

Staff contact(s): Michael Maestas (mvm1@ku.edu)

Timeline/frequency: Survey will be administered once to each MHPE at the end of Fall Semester (November) and at the end of Spring semester (May) of the 20-21 academic year.

Population/Sample: Students who are employed as CAPS MHPEs.

Special challenges to this assessment At this point, the only challenge appears to be creating effective survey questions to assess the learning outcomes for MHPEs. While unlikely, there may be attrition of one or two MHPEs prior to the end of the academic year. This has happened in the past due to transferring schools and/or graduation at the end of Fall semester. Response rate should be 100% as responses will be anonymous.

Use to inform current practice: The results of this assessment will be used to modify and inform training and ongoing supervision of the MHPE group.

Plans for reporting results: Results will be reported as part of CAPS annual data review, to the MHPE supervisor and students who are MHPEs, and to the Student Affairs annual assessment reporting.

Qualtrics Used: Yes No