

# 2016-2017 Assessment Final Report

## Sexual Assault Prevention and Education Center

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### **Consent 101 2016-2017 Assessment Final Report**

#### **Introduction**

#### **Assessment Project Description**

Consent is sexy, but it is also required. This interactive work shop utilizes videos, images, and roll playing to help participants develop the skills needed to request and assess consent. Sex positive education is the foundation for this session and participants will be provided with information about healthy intimate and/or sexual engagement in a variety of relationships. Participants will gain improved ability to negotiate sexual engagement, assess when consent has been given, and learn how to respect the personal boundaries of others.

#### **Service/Program Student Learning Outcome(s)**

Students participating in Consent 101 will be able to...

- Demonstrate an increased confidence in their ability to ask for consent for sexual activity
- Recognize the importance of asking for consent before sexual activity
- Demonstrate and increase in willingness ask for consent before sexual activity

#### **Population/Sample:**

2,132 undergraduate and graduate students participated in Consent 101.

1,212 undergraduate and graduate students completed the pre-post survey.

#### **Assessment Method(s):**

Pre and Post paper survey.

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### Summary of Key Findings/Results

Data Point	Pre-Presentation	Post-Presentation
I feel that sexual consent should always be obtained before the start of any sexual activity.	6.78	6.82*
I think it is equally important to obtain sexual consent in all my relationships regardless of whether or not they have had sex before.	6.70	6.80*
I believe that it is just as necessary to obtain consent for genital fondling as it is for sexual intercourse.	6.35	6.65*
I feel it is the responsibility of both partners to make sure sexual consent is established before sexual activity begins.	6.58	6.75*
I believe that asking for sexual consent is in my best interest because it reduces any misinterpretations that might arise.	6.79	6.80

*\*significant at  $p < 0.05$*

### Conclusions

#### Impact of Assessment

The assessment data showed gaps in information application surrounding consent and current or long term sexual partners. SAPEC is updating the current training to include a more robust focus on consent within in relationships and more examples of consent applied.



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### **Lessons Learned**

SAPEE learned that student thrived in an interactive training environment and team facilitators are needed to capitalize on the conversational style of this training. SAPEC also learned moving forward we will include a qualitative question and a participant feedback section in our assessments for Consent 101.