



# 2018 -2019 Student Affairs Assessment Plan

Department: CAPS

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## **Mental Health Peer Educator (MHPE) Listening Hours Assessment**

### **Division Mission**

To engage the KU community in services and programs that make learning possible.

### **Department Mission**

The mission of Counseling and Psychological Services is to aid in the emotional and psychological development of students in the university environment for the purpose of enhancing performance; assist in the evaluation of student academic progress for the purpose of improving student and faculty functioning and; contribute to the professional education of graduate students in mental health and counseling professions.

### **Department Student Learning Outcomes**

Students who utilize or interact with services and programs provided by CAPS will be able to...

1. Develop practical skills (such as organization, motivation, and utilization of resources) that will enable them to achieve their academic goals. (CAS: Practical Competence)
2. Develop personal life skills (such as self-esteem and self-confidence) that lead to an integrated sense of self, well-being, and resilience. (CAS: Intrapersonal Development & Practical Competence)
3. Develop interpersonal skills that will enable them to form healthy and meaningful relationships. (CAS: Interpersonal Competence)

### **Description of Service/Program**

The CAPS MHPE listening hours service provides KU students with access to peer paraprofessionals for information, problem-solving, support, and referral to appropriate on-campus or community services/resources.

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---

## Service/Program Student Learning Outcome(s)

Students participating in CAPS MHPE listening hours service will be able to...

- Identify one or more strategies to solve or cope with problems. (Departmental Outcomes #1 & #2)
- Apply identified strategies in addressing and resolving academic concerns or difficulties. (Departmental Outcome #1)
- Identify other helpful campus and/or community resources. (Departmental Outcome #1)

## Divisional Student Learning Outcomes: *Check all that apply*

- Knowledge Acquisition
- Cognitive Complexity
- Intrapersonal Development
- Interpersonal Competence
- Humanitarianism & Civic Engagement
- Practical Competence

## Project Specifics

**Project Title:** Mental Health Peer Educator (MHPE) listening hours assessment

**Purpose of the project:** To assess the usage, impact, and effectiveness of the MHPE listening hours on student learning and development.

**Assessment method(s):** Link to Campus Labs survey emailed to students who have used the MHPE listening hours service. Link to survey will be unique for each student.

**Staff contact(s):** Michael Maestas ([mvm1@ku.edu](mailto:mvm1@ku.edu))



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**Timeline/frequency:** Survey will be administered within a four week period after a student has used the listening hours service to the end of Spring semester during the 18-19 academic year.

**Population/Sample:** Students who use the listening hours service provided by the CAPS MHPEs at various locations and hours on campus.

**Special challenges to this assessment:** Response rates to the survey may present a challenge. Given that we will have contact information for potential survey respondents, individual follow-up is available to provide additional prompts to complete survey.

**Use to inform current practice:** The results of this assessment will be used to examine usage, modify and inform practices and training of the MHPE group, and inform CAPS programming/outreach content for KU students.

**Plans for reporting results:** Will report as part of CAPS annual data review, to MHPE supervisor and students who are MHPEs, and to the Student Affairs annual assessment reporting.

**CampusLabs Used:**  Yes  No