



# 2016-2017 Student Affairs Assessment Plan

Department: CAPS

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## **CAPS Client Survey**

### **Division Mission**

To engage the KU community in services and programs that complement academic goals and enhance quality of life.

### **Department Mission**

The mission of Counseling and Psychological Services is to aid in the emotional and psychological development of students in the university environment for the purpose of enhancing performance; assist in the evaluation of student academic progress for the purpose of improving student and faculty functioning and; contribute to the professional education of graduate students in mental health and counseling professions.

### **Department Student Learning Outcomes**

Students who utilize or interact with services and programs provided by CAPS will be able to...

1. Develop practical skills (such as organization, motivation, and utilization of resources) that will enable them to achieve their academic goals. (CAS: Practical Competence)
2. Develop personal life skills (such as self-esteem and self-confidence) that lead to an integrated sense of self, well-being, and resilience. (CAS: Intrapersonal Development & Practical Competence)
3. Develop interpersonal skills that will enable them to form healthy and meaningful relationships. (CAS: Interpersonal Competence)

### **Description of Service/Program**

CAPS provides psychotherapeutic, psychiatric, and mental health education/programming services to currently enrolled KU students.

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## Service/Program Student Learning Outcome(s)

Students participating in CAPS direct mental health services will be able to...

- Identify one or more strategies to solve or cope with problems. (Departmental Outcomes #1 & #2)
- Apply identified strategies in addressing and resolving academic concerns or difficulties. (Departmental Outcome #1)
- Identify other helpful campus and/or community resources. (Departmental Outcome #1)
- Recognize own role in managing and adaptively influencing thoughts, behaviors, and/or emotions. (Departmental Outcome #2)
- Practice behaviors that lead to improved relationships with others. (Departmental Outcome #3)

## Divisional Student Learning Outcomes: *Check all that apply*

- Knowledge Acquisition
- Cognitive Complexity
- Intrapersonal Development
- Interpersonal Competence
- Humanitarianism & Civic Engagement
- Practical Competence

## Project Specifics

**Project Title:** CAPS Client Survey

**Purpose of the project:** To assess the impact of therapeutic services on student learning and development.



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**Assessment method(s):** Survey which is handed out to students when presenting for a regular therapy appointment.

**Staff contact(s):** Michael Maestas ([mvm1@ku.edu](mailto:mvm1@ku.edu))

**Timeline/frequency:** Survey will be administered in the four weeks prior to the end of Fall and Spring semesters during the 16-17 academic year.

**Population/Sample:** Purposive sample of 200 current CAPS clients.

**Special challenges to this assessment:** There are two challenges identified: accuracy of self-report and individual follow-up is not available due to anonymity of survey.

**Use to inform current practice:** The results of this assessment will be used to highlight strengths and areas for growth with professional staff in the ways they connect academic performance improvement to positive changes in therapy for clients.

**Plans for reporting results:** Will report as part of CAPS annual data review and to the Student Affairs annual assessment reporting.

**CampusLabs Used:**  Yes  No