PROPOSED GOALS & OUTCOMES:

1. Cognitive Complexity
   
   **KU CORE: Critical Thinking**
   
   - Apply acquired knowledge to new situations to solve the issue

2. Humanitarianism & Civic Engagement
   
   **KU CORE: Culture & Diversity**
   
   - Recognize & develop an appreciation for history, experience, and lifestyle of others

3. Interpersonal Competence
   
   **KU CORE: Communication**
   
   - Feeling accepted as part of a group

4. Practical Competence
   
   **KU CORE: Integration & Creativity**
   
   - Attending to all areas that define one’s well-being

DATA HIGHLIGHTS:

1. Participants were asked whether they *experienced* each learning outcome, and whether the outcome was *important* to accomplish their KU academic goals
   
   - Cognitive Complexity: experienced (Mean = 4.33); importance: (Mean = 4.42)
   - Humanitarianism & Civic Engagement: experienced (Mean = 4.46); importance (Mean = 4.54)
   - Interpersonal Competence: experienced (Mean = 4.77); importance (Mean = 4.49)
   - Practical Competence: experienced (Mean = 4.58); importance (Mean = 4.37)

2. 2/3 of participants believed that every freshmen should enroll in Backpack KU
   
   - Those who disagree indicated that the experience is only meaningful if you have an interest in the activity... students should not be forced into attending

ACTION STEPS AS RESULT OF ASSESSMENT:

1. Overall, participants experienced the stated learning outcomes
   
   - Cognitive complexity least likely to experience
   - Staff should evaluate opportunities for problem-solving and multi-tasking

2. With exception of humanitarianism, participants not as likely to connect outcomes to academic goals
   
   - During experience, help students connect how the experience will help with academic pursuits
   - In particular, the following themes should be addressed: respecting others, physical strength, fitness levels, finding balance, sense of belonging